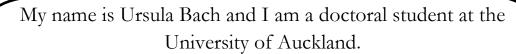
## HOW CONFIDENT ARE YOU TALKING TO CLIENTS ABOUT SUICIDE? Suicide & Support Workers in Aotearoa/New Zealand

## Are you a Mental Health Support Worker?

- If one of your clients became suicidal, how would you feel about intervening? Would you know what to do and say? How confident or unconfident would you feel?
- Are you 18 years and older?
- Would you be available for one-hour individual interview to talk about opinions around suicide and your experiences as a support worker?

Interviews can take place at a time and place suitable to you. Your confidentiality will be respected throughout the entire research project.



- I have been a full-time Mental Health Support Worker.
- I am interested in training given and the diversity of skills needed for this role as 'frontline mental healthstaff'.
- Not much is known about Mental Health Support
  Workers or their attitudes around suicide. Mental health
  problems are one of the single biggest risk factors of suicide and
  NZ has a high suicide rate.
- It is important to understand how Mental Health Support Workers understand and feel about dealing with suicidal clients.
- My research aims to better understand how training can help Support Workers feel more confident and how attitudes on a political, organisational and individual level impact suicide intervention.

If you currently work part-time or full-time in a Mental Health Support Worker role, and are interested at all, or want more information on my study, please contact me on <a href="mailto:ubac001@aucklanduni.ac.nz">ubac001@aucklanduni.ac.nz</a> or visit my

website: www.suicide&supportworkers.wix.com/participate

APPROVED BY THE UNIVERSITY OF AUCKLAND HUMAN PARTICIPANTS ETHICS COMMITTEE ON 04 DECEMBER 2014 FOR (3) YEARS, REFERENCE NUMBER 013410

