

HOW CONFIDENT ARE YOU TALKING TO CLIENTS ABOUT SUICIDE?

Suicide & Support Workers in Aotearoa/New Zealand

Are you a Mental Health Support Worker?

- If one of your clients became suicidal, how would you feel about intervening? Would you know what to do and say? How confident or unconfident would you feel?
- Are you 18 years and older?
- Would you be available for one-hour individual interview to talk about opinions around suicide and your experiences as a support worker?

Interviews can take place at a time and place suitable to you.

Your confidentiality will be respected throughout the entire research project.



My name is Ursula Bach and I am a doctoral student at the University of Auckland.

- I have been a full-time Mental Health Support Worker.
- I am interested in training given and the diversity of skills needed for this role as 'frontline mental healthstaff'.
- Not much is known about Mental Health Support Workers or their attitudes around suicide. Mental health problems are one of the single biggest risk factors of suicide and NZ has a high suicide rate.
- It is important to understand how Mental Health Support Workers understand and feel about dealing with suicidal clients.
- My research aims to better understand how training can help Support Workers feel more confident and how attitudes on a political, organisational and individual level impact suicide intervention.

If you currently work part-time or full-time in a Mental Health Support Worker role, and are interested at all, or want more information on my study, please contact me on ubac001@aucklanduni.ac.nz or visit my website: www.suicide&supportworkers.wix.com/participate